



Gold Coast Stingrays Gridiron Football Club Inc

Player Handbook

2010 Season



The Gold Coast Stingrays
Gridiron Club Inc

Is proudly sponsored by





Welcome from the President

Members & Intending Members,

The Gold Coast Stingrays Gridiron Football Club Inc extends a warm welcome to all for its 2010 season. To new people, it will prove an insight into the Stingrays. To returning members, it is, in reality, the start of this year's season.

Last year the senior team clinched its fourth Sunbowl Championship in a row. An amazing effort that no other club in our league has achieved! Our juniors competed against the top of their competition successfully but were, for various reasons, denied their opportunity to claim a fifth successive title. What a moment that would have been!

As you have gathered, the club boasts quality and skill. We are also proud of our club management. There, the committee has steered the club into gaining its reputation as a valued member within our state league, Gridiron Queensland.

Today, a profile of what the club stands for, will be presented. It will also outline what is expected of you as a member. I sincerely hope that you see us as the club of your association, a club that offers you satisfaction and pride.

Welcome to our Sign-On Day for 2010.

Geoff Hay
Club President

2010 Gold Coast Stingrays Gridiron Football Club Inc Committee

President:	Geoff Hay	(5573 3991)
Vice-President:	Kyle Low	(0403 266 301)
Secretary:	Richard Hay	(0402 905 945)
Treasurer:	Julia Williams	(0424 192 522)

Committee Members:	Ron Seery
	Daniel Collins
	Steven Williams

Contact the entire committee via email: information@gcstingrays.com



Welcome from the Head Coaches

Senior Head Coach - Steven Williams

Welcome to Stingrays football for 2010! I'm honoured to be the Head Coach of the team this year. Coach Diprose will still be on board this year as Defensive Coordinator.

We're hoping to continue our success as we chase our 5th consecutive Sunbowl title. Everyone in the competition will be looking to end our winning streak so we can't afford to relax - we must get better or we will get worse.

To our new players for 2010, welcome to the team. We always have room for new players who are willing to work hard, learn and give a great effort at all times.

This year I'd like to emphasise our commitment to the team - your teammates and coaches. If we can re-establish a great team, I'm confident that the results will follow and we will be Sunbowl bound once again.

I was the Offensive Coordinator last year, so I know what the team is capable of, but every year we must work hard to improve our skills and teamwork. As a player and a coach I believe in the value of hard work. It's the only pathway to true success. Your attendance at training is vital for the team to be successful and for us to get the most out of the game. Ensuring we meet our financial commitments is just as important.

My football career started a long time ago with the Sydney University junior team before I moved north and joined the Stingrays in 1996. I was lucky enough to play on some Sunbowl winning sides (1999, 2001 & 2007) and have had great coaches in Geoff Hiddleston and Simon Groth.

As well as the return of Coach Diprose, long-time Stingrays James Barnes and Ben Walker will be heavily involved this year as assistant coaches and the team will draw upon the experienced senior players such as Kyle Low, Rod Barker and Daniel Collins.

Stingray Pride!

Coach Williams

0424 183 733

Junior Head Coach - Mark Maddison

Firstly welcome to the Gold Coast Stingrays for 2010. My name is Mark Maddison and I will be the Junior Head Coach this year.

I have been involved in Gridiron since 2000 both as a player and a coach. I have been involved with three (3) Queensland State Teams at National titles as well as coaching a Junior team through to the Sunbowl Grand Final.

I believe gridiron, like all sport, should be enjoyed by everyone. My role is to assist players of all level to participate and enjoy the game in a safe environment.

My goal this year is to provide a stable environment for players to grow and develop their skills. I believe people should play the game being respectful to their teammates, the opposition and officials and most importantly themselves.

The Stingrays have a proud tradition of being a successful team and I am looking forward to continuing this tradition.

Coach Maddison

0400 040 269



Competition Divisions

Junior Players

The junior competition is for players from 14 - 18 years old in a 9-man football format.

Minimum Age: player has turned 14 on 1 January 2010
Maximum Age: player was under 18 years old on 1 January 2010

All players within this age group play together.

Every junior player will be required to verify their age by presenting a driver's licence, birth certificate or passport and provide a photocopy.

Senior Players

The Senior division competition is for players aged 18 years old and over as of 1 January 2010.

The senior competition format is full 11-man NCAA rules.

Support Roles

Volunteers

The Club depends on the efforts of volunteers to ensure that the club can field a team every week and work towards growing the sport and improving the experience for everyone involved. If you would like to get involved, please let know by getting in touch with a committee member, coach or email us at:

information@gcstingrays.com

Referees

If you want to get involved with the game up-close, refereeing is a great way to be a part of the game. The Queensland Gridiron Officials Association (QGOA) is recruiting and will give you all the training you need to make the right call.

Contact the club's committee or coaches (information@gcstingrays.com) or QGOA at qgoa@gridironqld.asn.au



Schedule of Fees 2010 Season

Senior Players Fees

Fee Description	Amount	Notes (Full explanation of fees on Page 4)
Registration & Insurance Fees:		
Gridiron Queensland Registration	\$27.50	
Gridiron Australia Registration	\$75.00	The GA fee is yet to be confirmed, but if the fee increases, the club will absorb the increase
Gold Coast Stingray Club Fees	\$197.50	Includes the use of game day jersey, pants, belt, socks and lower pads.
TOTAL	\$300.00	
Equipment Hire Fees**:		
Helmet Hire	\$50.00	Equipment Hire must be paid in full before any equipment will be allocated to players
Shoulder Pads Hire	\$50.00	

Senior Players Payment Schedule

- 12 May 2010: Training starts on Wednesday 12 May 2010 at 6.30pm.
 09 June 2010: First full equipment training will take place on Wednesday 9 June 2010 at 6.30pm.
 11 July 2010: First pre-season trial game Sunday 11 July 2010.
 28 August 2010: First game of the season is Saturday 28 August 2010.

Fee Description	Due	Notes
Equipment Hire Fee	9 June 2010	Equipment Hire Fees must be paid in full prior to equipment being allocated to a player.
Registration & Insurance Fees 1 st Instalment of \$100	9 June 2010	If a player joins the club after this date, they will need to pay this amount prior to their third training session or before the due date of the second instalment (whichever comes first) and is still required to pay the 2nd instalment by the 7 July.
Registration & Insurance Fees 2 nd Instalment of \$200	7 July 2010	If a player joins the club after this date, they will need to pay the entire \$300 prior to being registered and allowed to play a game.

Full Registration and Insurance fees must be paid before a player will be registered with Gridiron Queensland, Gridiron Australia and the Gold Coast Stingrays Club. A player must be registered with all three bodies before they will be allowed to play a game. All registered players must wear the correct uniform and equipment before being allowed on field.

Payment can be made by Cheque, Cash or Direct Bank Transfer:
 Gold Coast Stingrays Gridiron Football Club
 BSB: 804 002
 Acc: 1209109
 Reference: Your name (so we can trace the payment back to you)



Schedule of Fees 2010 Season

Junior Players Fees

Fee Description	Amount	Notes (Full explanation of fees on Page 4)
Registration & Insurance Fees:		
Gridiron Queensland Registration	\$22.00	
Gridiron Australia Registration	\$60.00	The GA fee is yet to be confirmed, but if the fee increases, the club will absorb the increase
Gold Coast Stingray Club Fees	\$118.00	Includes the use of game day jersey, pants, belt, socks, lower pads, helmet and shoulder pads
TOTAL	\$200.00	

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Gold Coast Stingrays Gridiron Football Club

BSB: 804 002

Acc: 1209109

Reference: Your name (so we can trace the payment back to you)



Schedule of Fees 2010 Season

Explanation of Fees

Gridiron Queensland (GQ) Registration - Registers individual players with the state governing sporting body and permits the player to participate in the Queensland competition.

Gridiron Australia (GA) Registration - Registers individual players with the national governing sporting body and provides insurance cover for all registered players when playing in GA sanctioned games. This fee is yet to be confirmed, but if the fee increases, the club will absorb the increase.

Gold Coast Stingray Club Fees - Registers individual players with the Gold Coast Stingrays and includes the cost of team affiliation to GQ, the use of game day uniforms (jersey, pants, belt, socks and lower pads), game day and training field costs. For Junior Players this fee also includes the use of a club helmet and shoulder pads. There is no reduction in this fee if a junior player has their own helmet and shoulder pads.

Helmet Hire - No player can take the field without an approved gridiron helmet. Players who do not have their own helmet can hire one from the club. The cost to hire the equipment is for the entire season. If a player buys a helmet part of the way through the season and no longer requires the hired helmet, no refund will be available. The hire is not transferrable to other players.

Shoulder Pads Hire - No player can take the field without approved shoulder pads. Players who do not have their own shoulder pads can hire one from the club. The cost to hire the equipment is for the entire season. If a player buys shoulder pads part of the way through the season and no longer requires the hired shoulder pads, no refund will be available. The hire is not transferrable to other players.

Equipment not supplied - Players are responsible for providing the following compulsory equipment; football boots, mouthguards and undershirts, as well as any other optional equipment such as gloves.

All figures mentioned in this schedule of fees include GST.

Insurance Cover

Insurance for the Gold Coast Stingrays is provided through the Gridiron Australia National Insurance Program which is supplied by JLT Sports as part of your registration fee.

The insurance covers the following for the Gold Coast Stingrays and their players:

- **General Liability:** This policy will pay for sums which the Insured becomes legally liable to pay for compensation in respect of personal injury or property damage.
- **Personal Accident:** This policy provides protection for Capital Benefits (Lump Sum Benefits), Loss of Income, Non-Medicare Medical Expenses and other benefits.
- **Club Management Liability:** The Club Management Liability Policy includes coverage for Directors and Officers Liability, Employment Practices and Employee Theft.

For full details on what is covered, procedures for making a claim, policy wording and contact details, please go to www.jltsport.com.au/gridiron



Equipment Requirements

It is a requirement that all players that take the field are properly equipped and have identical uniforms. The equipment listed below are compulsory requirements for each player that takes the field. Speak to your Coach or a Committee member if you have any questions.

Equipment Provided by the Club (remains the property of the club)

- Playing Jersey
- Playing Pants and Lower Pads
- Belt
- Socks - These are given to the players to own and should last more than one season.

Equipment available for hire from the Club

- Helmet
- Shoulder Pads

Players can also purchase their own helmet and shoulder pads through the club if they wish.

Equipment to be provided by the player

- Mouthguard
- Football Boots
- Undershirt

Other optional equipment such as gloves, helmet visors, additional padding etc. may be worn but is not provided by the Club.



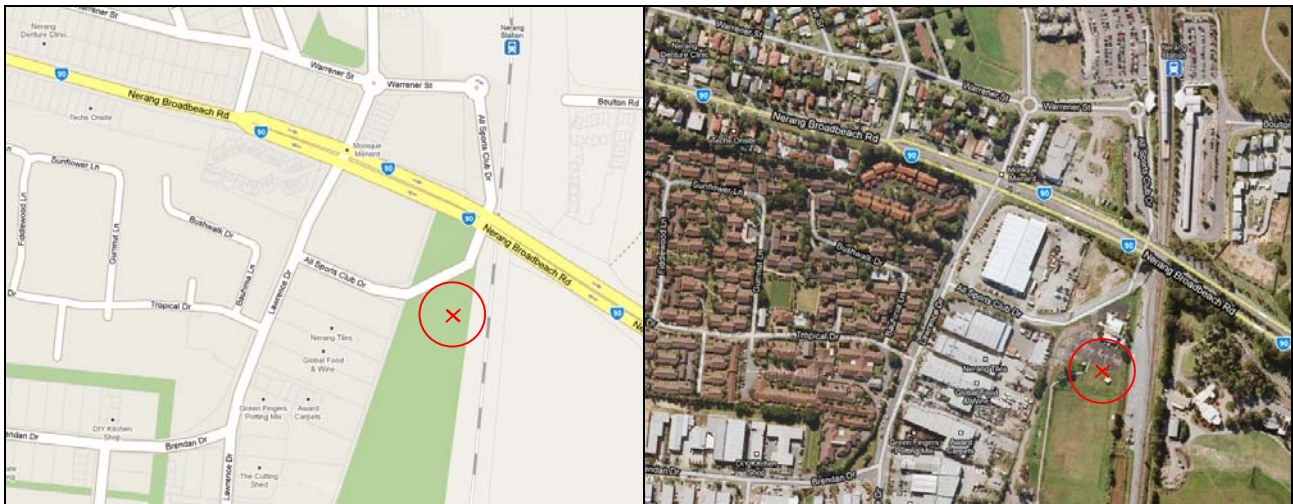
Training Sessions & Venue

Training Day: Wednesdays starting 12th May 2010

Training Time: 6:30pm start
Approx. 8:30pm end

Please arrive early enough to be dressed and ready to train at 6:30pm sharp.

Venue: Glennon Park
All Sports Club Drive, Nerang



Preseason Training Camps

We will be holding a few preseason training day-camps. These will be held on weekend days before the start of the season.

More information on these camps will be released soon.

In previous years our camps involved staying one or two nights at the training facility. This year we will hold the camps over one single day to enable more players to attend camp.



2010 Season Dates

Pre-Season Trial Game

The Gold Coast Stingrays have been invited to take part in two pre-season trial games as part of the Down Under Bowl. This is an opportunity to play against graduating high school students from the United States. The Down Under Bowl is held at the Runaway Bay Super Sports Centre.

Sunday 11 July - 1:30pm

Wednesday 15 July - 6:30pm

Gridiron Queensland Season

Saturday 28 August - Gridiron Queensland 2010 Round 1

Saturday 4 December - Junior & Senior Sunbowl

The full season draw will be available soon and will be published on the club's website:

www.gcstingrays.com



Game Venues

The Gridiron Queensland competition covers a large area of South East Queensland and as such players will need to travel to away games. Below is a list of the game fields which we will play at throughout the 2010 season. Some of these fields will be updated from time to time, but the Committee and Coaching staff will ensure that you know where the games are each week.

For all away games the Stingrays gather at the training field - Glennon Park Nerang - at an agreed time so that players can get lifts or carpool to games. If you need a lift to a game and can't get to Glennon Park, ensure that you contact the Coaches, Committee Member or a fellow player to organise a ride. If you are planning on driving to an away game and have some seats free and are willing to give your fellow players a lift, then all you need to do is head over to Glennon Park at the pre-arranged time.

Gold Coast Stingrays:	Runaway Bay Super Sports Centre Cnr Sports Drive and Morala Avenue Runaway Bay
Browns Plains Bruins:	Logan Metro Sports Centre 357 Browns Plains Road Crestmead
Kenmore Bears:	Logan Metro Sports Centre 357 Browns Plains Road Crestmead
Western Cougars:	West Centenary Junior Rugby League 221 Grindle Road Wacol QLD
Brisbane/Bayside/ Eastside Ravens:	Judy Holt Park, Old Cleveland Road East, Birkdale OR Cannon Hill JRLC, Wynnum Road, Cannon Hill
Northside Rhinos:	Shaw Park, 128 Shaw Road Wooloowin
Sunshine Coast Spartans:	Immanuel Lutheran College 126-142 Wises Road, Buderim
Wildcats:	Slacks Creek Jnr Rugby League Club Usher Park Rose Street Daisy Hill
Toowoomba Wolves:	Valleys Football Field Pillar Street Toowoomba



Social & Fundraising Events

Social Events

The Gold Coast Stingrays have a number of social events throughout the year for players and their families and friends.

Events are organised during the year however the following are some of the standard events that happen every year and more details will be provided closer to the time.

Season Launch - Late July/Early August

Gridiron Queensland Awards Night - November

Gold Coast Stingrays Awards Night - December

Boxing Day in the Park - 26 December

Superbowl Event - January

We encourage all of our players and their families also gather after home games to celebrate or commiserate (mostly celebrating).

Fundraising Events

The Gold Coast Stingrays are a not-for-profit sporting club. As such we rely heavily on our committee members and volunteers to assist with running home games and the administration of the club.

Gridiron also requires quite a bit of specialised equipment and we aim to ensure that we can offer our team updated equipment, uniforms and training aids.

Fundraising events such as Bunnings BBQs, Harvey Norman Raffles and BBQs, the canteen at home games and various raffles of donated prizes throughout the year, assist the club in purchasing new equipment, uniforms and aids and reduce the pressure on our club and registration fees.

In 2010 we have already held one successful Bunnings BBQ at Harbour Town. These fundraising events require volunteers to help out on the day doing various tasks, and the more people we have, the easier it is on all. Below are the dates of the upcoming fundraising events, and if you can lend an hour or two of your time, please contact one of the Committee Members. Your time would greatly assist your club in assisting the team.

Saturday 29 May - BBQ at Harvey Norman - Bundall

Monday 14 June (Queen's Birthday) - Bunnings BBQ at Harbour Town



Club History

A group of young men interested in playing American Football, or Gridiron as we know it, met and banded together back in 1987 and the Stingrays were formed. In their first year of competition they tasted success by winning the OGFL Charity Shield.

High ideals and commitment to excellence have been part of the club from its very beginnings. "*Stingray Pride*" is embedded in the club's motto: "*Integrity, Consistency, Victory*"

ACHIEVEMENTS

2010 will see the club continue its affiliation within both the junior and senior ranks in the Gridiron Queensland competition. Our past record has been most impressive with Sunbowl Championships in:

- Seniors: 1994, 1995, 1999, 2001, 2006-09
- Juniors: 2000, 2001, 2005-08

Individually, many players have gained representative honours at both State and National level. A number of players have also continued their careers overseas either with US College or professional teams. Indeed, this is example of the skills standard of the Stingrays on-field. A further feature of the Stingrays has been its consistency in having quality coaching staff, an essential in promoting the code on the very sport-minded Gold Coast.

ADMINISTRATION

In the last five years the club has hosted both Senior and National Championships and the success of these events has reflected the administrative strength off-field. We must be doing something right, as the Stingrays are the longest serving club within the game in Queensland.

Team-training is based at Glennon Park, Nerang, while Runaway Bay Sports Super Centre (RBSSC) is named as our home game venue. Its facilities enable players to compete at a first class environment, the envy of many other clubs in our league.

THE WORLD SCENE

Originated in the United States and Canada in the late 1880s, the sport of gridiron is now found in over sixty (60) countries around the world. Outside of the NFL and CFL, the game is controlled by the International Federation of American Football (IFAF), organisers of the World Cup. Visit England to Italy, Poland to France, South Africa to New Zealand or Korea to Japan, and gridiron will be played. In some of these countries development has been so strong that players are regarded as semi-professional.

THE AUSTRALIAN EXPERIENCE

Gridiron has been present in Australia at an organised level since 1980 with the formation of the NSW Gridiron Football League Competition. The sport has spread to every state in Australia. The competitive sedge is still experienced in Queensland, NSW, ACT, Victoria, South Australia and Western Australia. There are over seventy (70) teams participating at either junior or senior level which encompasses over 1500 players registered to participate in gridiron in Australia.

Only recently, GA conducted its Senior Nationals in Melbourne with NSW posting another National Championship with their win in the final, over Victoria. Nationals are hosted alternate years with the Junior Nationals scheduled for 2011.

THE QUEENSLAND EXPERIENCE

Gridiron Queensland (GQ) administers the sport in this state. Its origins go back to 1985. From the lowly beginning of four (4) teams, no equipment worn but playing under contact rules, the game now boasts teams in Toowoomba, Ipswich, Browns Plain, Kenmore, Redlands, North Brisbane, Sunshine Coast, Daisy Hill and Gold Coast. Teams have existed in North Queensland from time to time, competing within their own area (the Tropic North).

The Gold Coast Stingrays have played a major influence in the success of the code and the development of its profile in this state over the years. The Stingrays are proudly the oldest club within GQ, our association dating back to 1987, setting a standard of excellence through on-field performance and team management practices.



2009 Game Reports

A game report and highlight game footage (if available) is posted on the Gold Coast Stingrays website (www.gcstingrays.com) after each game. We've provided you below with the Game Reports from 2009.

Game Report: Round One vs Bears

The Gold Coast Stingrays kicked off their '09 season with a win over the Bears, the Bears presented with a change from years gone by of run first and often to a very pass heavy offense.

The Stingrays Defense was tested several times by the arm of the young Bears QB but with great effort from the DB's especially from Robbie Edmonds with some very athletic moves on some key third downs and a strong push from the D Line they were able to hold the Bears out, their first 'Goose Egg' and hopefully one of many this year.

With key lineman out due to other commitments it was great to see others step up to fill in on the day, with a special mention to Chris Mooney who was able to work off some of the holiday/USA buffet fest joy by starting at both Guard and Sam Linebacker.

A big congratulation goes to the Stingrays Rookies, there are plenty of them and even though there were a few typical rookie moments they have made some great progress and some real time game experience was a perfect progression from the pre season training they have been working very hard at.

The ground attack for the Rays performed well lead by Jae Pawlowski, he looked very close to breaking some long runs and will be very dangerous in the coming weeks. This was all behind an O-Line that dominated their opponents in the 2nd half despite not being at full strength.

The Stingrays offense put themselves in a position to score another 4 touchdowns but failed to capitalise. More focus is needed to finish drives and provide a buffer for the defense to defend. We expect that they will make more of their opportunities in the future.

Damien Molloy continued to show why he's one of the biggest playmakers in GQ, with a handful of critical receptions to move the chains. Veteran Jarrod Hayes' versatility provided the Stingrays with the opening score as he collected a 35 yard TD strike from Kyle Low.

The team has plenty of room for improvement but the coaches are pleased with where the team is headed and with work can see more success coming forth.

Next week the local derby when we'll take on the Wildcats in Toowoomba.

From
Coach Dipper



Game Report: Round 2 vs Wildcats

The Stingrays took on the Wildcats for the 'local derby' in Toowoomba over the weekend and came away with a convincing 27 - 6 Win. The Rays Defense was dominating against the run and with constant pressure on the Wildcats QB they were able to limit their passing game to modest gains but several easily catchable balls being dropped by the Wildcats receivers must have had Coach Vasquez pulling his hair out in frustration.

With three starting Linebackers unavailable for the game D-End Dave Wilson stepped back to Linebacker and played well and landed himself his first interception, the Defense also welcomed back Dane Holmbeck after a year off with injury who combined with Ben Tucker having been moved from Wide Receiver for the game into the End positions and both played a great game along with the interior D-Lineman in not allowing the Wildcats QB to feel comfortable in the pocket.

The Stingrays Offensive line continued to provide the muscle for Running Back Jae Powlowski (3 rushing and 1 receiving), who accounted for all of the Rays touchdowns, taking his total for the season to 5 TDs in just 2 games. Rookie Fullback Aaron McKeown also started to contribute to the rushing attack with some effective carries.

The blustery Toowoomba conditions and a few dropped footballs limited the Stingrays' passing attack, however QB Kyle Low managed to keep the Wildcats defense guessing with sneaks, scrambles and some deep balls to WRs Damien Molloy and Ash Dick.

Disappointingly, discipline deteriorated late in the fourth quarter as a lack of focus and as fatigue set in with three stupid penalties giving the Wildcats 45 Yards and the opportunity for a late score in which they were able to convert into their only points for the game. The team will need to improve to ensure we don't allow any more displays like that.

Next week we take on the new Toowoomba Wolves at Birkdale, the Wolves have showed plenty of determination in their first two games so the Rays will need to be prepared.

From

Coach Dipper
Coach Steve

Game Report: Round 3 vs Wolves

The Stingrays Defense has been dominant in their encounters so far in 2009. In their clash with the Toowoomba Wolves last weekend, the Stingrays Offense this week also showed that they intend to have an impact this year.

Starting Running Back Jae Powlowski opened the Rays account with a 1 yard run to cap off a tidy Stingrays drive. Soon after, Damien Molloy snared a 15 yard TD reception from Kyle Low. The Stingrays' rookie Fullbacks continued their contribution to the ground game with Adam Fewson picking 6 yards and a first down on a handy scamper behind the Rays' interior O-Line (Nigel Law, Noah Parker & Andy Farrell).

The Wolves' defense used blitzes to try to upset the Rays rhythm, collecting one sack and forced a fumble for a turnover, limiting the Rays to 2 TDs before the half. After the break the Rays continued passing the ball and got valuable game time for several of their rookie receivers. But it was Molloy who was first among the points in the second half with a long 35 yard TD reception down the sideline, again delivered by Kyle Low.

After Jae Powlowski was injured a kick-return, the versatile Jarrod Hayes filled in at Running Back and showed his Sunbowl-winning form at that position by continuing the scoring on a 20 yard TD run. That was thanks to impressive blocking from Law, Parker and Dan Collins.

No wanting to be left out, Lawrence Tully notched up his first score for the year with a TD reception from inside the red-zone. Molloy finished off the scoring with a TD run from the QB position, taking his tally to three TD's for the day.

The Stingrays need to continue this momentum next week against a more experienced defense when they face their old rival, the Western Cougars. Tough games against the Rhinos and Ravens in the coming weeks will test if the Rays are ready to stake a claim for an unprecedented 4th consecutive Sunbowl victory.

Final Score 42 - 0



Game Report: Round 4 vs Cougars

Some called it courageous, some called it foolish, but Damien Molloy was appointed the starting Quarterback for the Gold Coast Stingrays in Kyle Low's absence. Molloy finished the game with modest passing statistics, but threw no interceptions, controlled the huddle and navigated the Rays to a 12-7 victory over the feisty Western Cougars. It would be a victory that tested the Rays to the end.

With more than 10 starters unavailable for the game, the Rays were always going to have to pull together to keep their season on track. An early injury to new Running Back Ben O'Connor (standing-in for an injured Jae Powlowski) forced a re-shuffle for the Rays offense, which saw Jarrod Hayes once again carry the load at Running Back. Rookies Adam Fewson and Ash Powdrill shared the Fullback duties and Phil Manassa found himself in the thick of the fight at TE in only his second game.

But the Rays found ways to move the ball both on the ground and in the air. The first score of the day came on a spectacular 60 yard TD run from Hayes, assisted by sharp blocking by linemen Ivan Tanuvasa and Andy Farrell to spring Hayes into the secondary. From there Hayes benefited from spirited blocking from rookie WR Matt Bell to crash through into the end zone. After missing the PAT, the score stood at 6-0 with plenty of football to come.

Unsurprisingly, the Rays defence was again suffocating, consistently intruding into the Cougars' backfield (Collins, Wilson, & Howsan), swarming runners (Perrett & Mooney) and plucking passes from the air (Robbie Edmonds). The Cougars had few answers on offense but continued to fight.

It was after Edmonds' interception that the Rays offense again moved into scoring range. From the 8 yards line, a passing play broke down and Molloy took off with his signature elusiveness and found the goalline to take the score to 12-0. Another botched PAT meant that the Rays were solidly in front, but by no means safe.

The momentum began to shift towards the end of the first half, as the Ray's big men started to tire from playing both ways. Marcus Kemp's stint at QB was disrupted by poor blocking and a pair of sacks. But the Rays still led 12-0 at the break, feeling confident but knowing complacency would be dangerous. .

The third quarter was a tough one for the Rays. The Cougars came out with all guns blazing on defence and marched the Rays backwards. In the 3rd quarter, after a well placed Cougars punt, the Rays were bogged down on their own goal line. Penalties and poor execution stifled progress. After a fumbled exchange between Hayes and Molloy, the Cougars recovered possession at the Rays' 2 yard line.

To prevent a score from that position was almost asking the impossible of the Rays defence and the Cougars punched the ball in and nailed the extra point to make it 12 - 7. All of a sudden, the game was in the balance and the Rays knew they had to dig deep to hold off their strong-finishing opponents.

But dig deep they did. With approx. 5 min remaining, Kel Howsan clocked-in at Fullback. Inspired by his wrecking-ball blocking style, the Rays marched down the field, munched up the clock and moved the chains with brutal running between the tackles and some deft deception on reverses (Ash Dick) and QB bootlegs. Hayes fought for every extra yard as the Stingrays took it all the way to Cougar's red zone as time expired.

The roster will feature many players returning for next week's matchup with 2008 Sunbowl rivals - the Northside Rhinos. Coming off an unexpected loss to the Ravens, the Rays shouldn't expect the pressure to ease.

Game Report: Round 5 vs Rhinos

The Gold Coast Stingrays moved to 5-0 after beating the Rhinos 27 - 14 at Wooloowin on Saturday, a rematch of the 2008 Sunbowl.

The Stingrays struck first with a 20 yard TD pass from Kyle Low to Damien Molloy. Molloy's 'circus trick' receiving skills were put to use as he snatched the pass from in front of a defender before falling the 2 yards left to break the plane of the end zone. The PAT wasn't successful so the score stood at 6-0 .

Despite the Rays defence being back to full strength, the Rhinos were not ready to be pushed around and scored on a 60 yard run to level the scores at 6-6 . The Rays defence wasn't able to wrap up the Rhinos running back who evaded and broke several tackles before finding some open space to run away for the score. The Rhinos was successful on the 2 point conversion, taking the lead 6-8 .



This marked the first occasion that the Stingrays have been behind in any of their games this season. But they clearly weren't phased as the offense came back to score, making it 13-8 on the back of a Jeff Moate run. Moate ran strongly all day and racked up big yardage behind typical blocking from the Stingrays offensive line. The drive was set up after a nice intercept by DB Robbie Edmonds at around mid field.

Missing starting centre Nigel Law, the veteran Daniel Collins moved from right tackle to take up his old position at centre. Chris Mooney has been solid filling in on the offensive side of the ball this season and he reliably held up his end at right tackle. Tony Dorrell's first game back this year saw him at left tackle while Noah Parker and Andy Farrell continued their solid play at guard. Farrell had his best game of the 2009 season and was seen making several key blocks for Moate to exploit.

The defence had some starters returning this week, including Australian representative Rolando Hanipale and middle linebacker Nick Nahas. Ezra Clayton also joined in the fun on the defensive line pulling off the biggest hit of the season so far right in front of the Rays sideline.

In the second half, Lawrence Tully scored on a well placed ball from Low taking the score to 20 - 8 and giving the Rays some breathing room. But the Rhinos came back after putting together a good drive and scoring on a 3 yard run to keep themselves in the game: 20-14 .

After being under some pressure last week against the Cougars, the Rays offense knew what to do from that point. Eager to reward their defence for creating turnovers, they rolled down the field for the winning score. Jeff Moate crashed through the Rhinos D-Line from 4 yards out. Final Score 27-14 .

The Rays receivers have finally started to warm up with Molloy, Tully, Bell & Manassa all registering at least one catch each. However Rays coaches won't be pleased with turning the ball over twice. The first occurred when Low was picked off in the end zone after a Rhinos defender made a good play on the ball in flight. The other came from a Jeff Moate fumble, which no doubt Moate will be keen to make up for in the coming weeks.

Next week the Stingrays take on the only other remaining unbeaten team - The Bayside Ravens at Wacol at 7pm on Saturday 26th September. This will surely be the most important regular season game in the GQ competition this year. The weekend can't come fast enough for the Stingrays players and coaches.

Gold Coast Stingrays

Record:5-0

Points for: 122 (24.4 points per game)

Points against: 27 (5.54 points per game)

Opponents so far:

v Bears 14 - 0

v Wildcats 27 - 6

v Wolves 42 - 0

v Cougars 12 - 7

v Rhinos 27 - 14

Bayside Ravens

Record: 5-0

Points for: 153 (38.25 points per game)

Points against: 58 (14.5 points per game)

Opponents so far:

v Cougars 18-13

v Wildcats 39 - 29

v Rhinos 26 - 16

v Wolves 70 - 0



Game Report: Round 6 vs Ravens

This game featured a top-of-the-table clash with the 5-0 Stingrays playing the 4-0 Ravens. The Ravens had put up some big scores in the preceding weeks and the Stingrays have constantly improved and have dominated at the line of scrimmage on both sides of the ball.

After the Rays defence stifled the Raven's first offensive possession, the Rays offensive Line went to work. Each of the Rays O-linemen outplayed their opponents with running back Jeff Moate rarely touched before reaching the second level of defenders. But whenever Moate was confronted at the line of scrimmage he broke tackles, moved the pile and generally brutalized the Ravens defence.

The Rays exploited several holes in the Ravens defence and opened the scoring with a 20 yard run from Moate. Low slotted the PAT to make it 7-0. The Ravens didn't seem to have many answers as all of the Rays offensive players registered contributions, culminating in another Moate TD run to take the score to 13-0. The snap on the PAT spoiled the kick.

The Ravens got their comeback aspirations going with a long drive, ending on a scoring pass from Ravens QB Harry Alderton. In attempt to close the gap on the scoreboard as quickly as possible, the Ravens went for the 2 point conversion, only to be denied by a Stingrays Defence, which seems to play with even more spirit when challenged. Dave Wilson made the tackle on QB Alderton as he stretched out for the goal line. 13-6.

The defence was able to play with an attacking style which helped the Rays stay on top and as the half time break approached Moate scored his 3rd TD for the day from 5 yards out. 18-6. Another errant snap on the PAT gave holder Damien Molloy a chance to make something happen. With the ball in hand and sprinting for the left pylon, TE Phil Manassa was open in the end zone and looked certain to catch an easy pass to score the 2 points. But Molloy saw an opportunity and decided to go himself, breaking the plane of the endzone while diving over the pylon. 20-6.

After the half the Ravens put another score on the board to keep the game alive. Alderton again scored the points, showing a good turn of speed to beat the Rays 'backers to the edge and finding the end zone to take the score to 20-12.

Kyle Low's precision passing was on show once again throughout the game. He also showed his ability as a running threat with several big gains after smart reads from the shotgun. One of these runs hit pay dirt in the 4th quarter as Low ran it in from 10 yards out with barely a Raven in sight. With a better snap from centre Nigel Law, Low again kicked the PAT. 27-12.

Low connected with Molloy frequently as the two are now showing the consistency and rapport they have been renowned for over the past 3 seasons. Fellow receivers Ash Dick, Lawrence Tully and Jarrod Hayes also picked up good receptions. The final score of the game saw Molloy make a diving catch at the back of the endzone. The PAT was good. 34-12.

As the game wound down in the 4th quarter, Tyson Smith registered his first career reception. The Rays are looking forward to seeing what Smith and fellow rookie WR Matt Bell will be able to achieve when they see more playing time in the coming weeks.

Back from injury, former junior Stingray running back RB Ben O'Connor also contributed to the running yardage totals. Despite losing a fumble, O'Connor has shown that he can deliver a change of pace and even more depth at running back along with Moate, Powlowski & Hayes. Coach Diprose was very happy with such a well rounded win against a previously unbeaten team - "With so many guys contributing today, it makes submitting The weekly awards votes very difficult. The plan from here is to keep the good form rolling to the playoffs".

Next weeks sees the Stingrays go on the road to the Sunshine Coast to take on the Bruins. This will be a great opportunity for our new players to show us what they have learned from all their hard work at training so far.



Game Report: Round 8 vs Bruins

The Rays moved to 7-0 and are 4 competition points clear of second place as they enter a well deserved bye week. Their 34-0 win over the Browns Plains Bruins was a comprehensive victory, with the offense scoring 28 points in the first half and the defense forcing the Bruins' basic offense to fight hard to win any ground.

Kyle Low clinically connected with Damien Molloy twice for long TD strikes (60yd & 35 yd).

With several starters out on both sides of the ball, the Rays again showed their depth. Phil Manassa again got valuable playing time at Tight End and Matt Bell stepped up to start at Wide Receiver. Bell collected a handful of receptions on the day, but none more memorable than when Bell caught a pass downfield and was stopped 10 yards out from the endzone, saw Tight End Manassa nearby and elected to throw a lateral pass. Unfortunately, Manassa was standing 5 yards directly upfield at the time. Although it entertained the crowd, the referee's sense of humour doesn't stretch quite that far and the Rays were penalised for the illegal forward pass. Bell has now been fully informed of the forward pass rules of football.

Ben O'Connor played the full game at Tailback and was the main beneficiary of the consistent Offensive line play. He racked up approx. 150 yards rushing and also bagged 2 TDs (20yds & 35yds). It could have been a 3rd, but O'Connor somehow managed to dive out of bounds at the 1 yard line with no defenders in sight after a 60 yard run. Perhaps it was to allow Kyle Low to add to his scoring tally this year by rumbling in for the TD on a QB sneak on the very next play. O'Connor also provided effective pass blocking against the larger Bruins defense.

Ash Powdrill was another picking up his first start at Fullback (assisted by Adam Fewson). Receiver Craig Young also registered his first catch of the season and ran strongly after the catch. More players are consistently emerging from the Rays bench and are pushing for starting positions.

The second half saw the Bruins' grinding offense devour most of the clock. They put together a string of first downs (some through very avoidable penalties) that kept the ball out of Kyle Low's hands. While this served to limit the Stingrays' final score, the Rays defense weren't distracted and kept the scoresheet clean for the third time this season. They have allowed less than 6 points per game.

The Defence once again was dominating at LOS and were stout when backed up into their own Red Zone after a series of fumbles and penalties against both sides and hel the Bruins to a Goose Egg.

Coach Diprose was pleased with the first half but felt the standard of play in the second half was sloppy,

The Stingrays have a bye next week before meeting the improving Sunshine Coast Spartans in the first ever clash between the two teams.

Game Report: Round 9 vs Spartans

On their second trip to the Sunshine Coast this year, the Stingrays played the local Spartans team. Being a first year start-up club, the Spartans have been on the end of a few lopsided score lines this season. But the Stingrays were impressed with the attitude and skill of the Spartans team, particularly on defense where the Spartans rallied to the ball and used gang-tackling to absorb the hits dished out by RB Jeff Moate and the Rays offensive line.

Not content just to limit points against them, the Stingrays defense decided to score one of their own. Robbie Edmonds took the interception and returned it the distance.

The Rays were missing starting QB Kyle Low but Damien Molloy again filled in at QB and efficiently ran the offense in his absence. As expected, Molloy used his speed and elusiveness to make plays, ending up with 3 TD runs. Molloy's passing was improved from his last effort, completing 6 passes, including one impressive bomb down the right sideline to Ash Dick.

Jeff Moate also ran in a score to produce a final score line of 32 - 0. The Rays defense was undoubtedly the dominant force in the game, scoring one TD and forcing several fumbles. David Wilson recovered four fumbles in the game, including one return for a good 40 yards.



Game Report: Round 10 vs Wildcats

Round 10 of GQ season 2009 saw the Wildcats struggling to remain in the playoffs race, and the unbeaten Stingrays returning to their home ground and looking to continue to build towards the business end of the season against quality opposition.

The Rays were missing a handful of starters (Ivan Tanuvasa LT, Nick Nahas MLB, Ash Dick WR & Jae Powlowski RB & Kelvin Howsan DL) but their depth chart has been developing well all season, so they started the game confident, but wary of the Wildcats offensive weapons, particularly QB Richard Kovelcheck.

The Rays received the opening kickoff but were unsuccessful in moving the chains on their first few possessions. Typical strong rushing from Jeff Moate gave the Rays some momentum and a pinpoint Kyle Low pass to Damien Molloy looked sure to be a like a TD but a great play by a 'Cats defender caused Molloy to fumble the ball through the end zone. The result was a Wildcats ball at their own 20 yard line.

Despite this setback, Jeff Moate continued his strong running and scored up the middle on a 2 yard run after a Lawrence Tully catch and run set up the Rays with great field position. 6-0 .

The Rays defense applied good pressure to the 'Cats QB, but he was often able to find room to thread the ball to his receivers. But the Rays DBs were up to the task and were rewarded with an interception by rookie Tim Beere

Craig Young got his first TD catch with a catch in the endzone. Young had to contend with a defender also making a hard play for the ball but came away with the catch and the 6 points for the Rays. Low hit his second PAT for the day to take the score to 14-0 .

Kovelcheck constantly threatened the Rays defense but was let down by his receivers who dropped a number of well thrown passes in space. But the Cats kept themselves in the game with a long drive which was sealed with a score from the 5yard line. 14-6.

Defensive lineman Sebastian Kohene worked relentlessly all day to disrupt the opposing QB and forced incompletions through pressures and hits. His efforts combined with good defensive hustle from sideline to sideline from the entire defense saw the 'Cats stopped on a 4 th down goal line stand.

With the ball back in Low's hands, the Rays offense moved the ball despite a muffed handoff which gave the Rays a 4th down with a long way to go to get the first down. But Lawrence Tully found space in the middle of the field and Low connected with him to move the chains. Handing the ball to Moate was the obvious choice at this point in the game and the Rays punched the ball in from 10 yards out. Final Score 21-6.

With the loss of the Ravens in Week 9 to the Rhinos (17-14) , the Stingrays secured the GQ minor premiership and now look to their final game against the Bruins next week to tune-up for the finals.

Game Report: Round 12 vs Bruins

After having a bye in Round 11, the Rays looked to round out the 2009 GQ regular season as undefeated Minor Premiers as they faced a tough Bruins team. In their Round 8 clash with the Bruins, the Rays came away easy 35-0 winners. But the Bruins showed how much they have improved since then with plenty of size and potential on display. While the Bruins struggled offensively with turnovers (David Wilson was credited with multiple strips), the Bruins played a very physical brand of defense and pressured the Stingrays runners and kept Kyle Low and Damien Molloy from inflicting the same level of damage as in Round 8.

Jae Powlowski returned from central Queensland to carry the ball for the Rays at Tailback. Powlowski broke a long run from around the 50 yard line on the Rays first drive and looked to be on his way to the end zone, but was cut down at the 10. The Bruins stopped Powlowski for no gain on the next play. After two incomplete passes (one dropped in the end zone), the Rays came away empty handed.

Aggressive defense was the theme from that point from both teams. Ezra Clayton and the rest of the Rays D-Line kept hunting Bruins QB Dayton Edwards. On some occasions, Edwards was sacked, on other occasions he managed to make things happen by scrambling for first downs or finding ways to connect with his receivers. This kept the ball moving and out of the hands of the Rays offense. When the Rays did gain possession, their execution wasn't to its usual standard and points were hard to come by.



A Bruins fumble recovered by Sebastian Koehene gave the Rays an opportunity just before the half, but despite a good run by Powlowski and a reception by rookie Matt Bell, halftime came with the score at 0 - 0.

The mood at halftime in the Rays camp was one of some concern, since they had easily accounted for the Bruins in the last game, and were aiming to improve with every game as they approached the playoffs. While the minor premiership was secured, the Rays didn't want an 'L' to stain their regular season record, but they would have to fight for it. The Bruins weren't giving them an inch.

The second half saw the defense from both sides relentlessly pursue the ball carriers and stopped any long gains. Despite moving the ball well, the Rays were unable to find the end zone until Low scrambled out of the pocket to his left and hit TE Lawrence Tully as he extended his route across the field to give Low a deep outlet. The PAT was good to give the Rays a narrow 7-0 lead.

As the Rays defense continued to get the job done, some opportunities seemed available to the Rays on the edges of the Bruins defense. On a reverse play, WR Ash Dick looked to be escorted by a wall of blue blockers down the left side of the field, but was pulled down by the Bears corner back who managed to slip between two blockers.

The Bruins hopes for a late score to keep them in the game was lost with two more fumbles that were recovered by the Rays. **Final Score 7 - 0** and the Rays has escaped with the Minor Premiership and their undefeated status.

Next stop: the Playoffs!

Game Report: SUNBOWL XXV vs Kenmore Bears (28/11/2009)

The history of Gridiron Queensland shows that three teams own the distinction of winning three consecutive Sunbowl titles. The Brisbane Bulldogs won the first three in 1985, 86 & 87. The Ipswich Cougars also won three in a row from 2002 - 2004, achieved during a stretch of 8 consecutive Sunbowl appearances (6 of them against the Stingrays).

Now on the verge of winning their *fourth* consecutive Sunbowl, the Gold Coast Stingrays took the field in an attempt to make GQ history. There is no doubt that the 2009 Stingrays deserved their place in Sunbowl XXV. They had beaten all opponents thus far (11-0), sometimes by large margins, sometimes by grinding out games with the narrowest of leads. In particular, the Rays defensive unit had excelled all year and had only allowed 58 points in 11 games (5.27 points per game).

The Kenmore Bears had gained their place in the Sunbowl by finishing 7-3 and in 3rd position by beating the Cougars in the week preceding the Playoffs 14-13. That win enabled them to land a playoff game against the Ravens instead of the Stingrays, which they narrowly won 22-21. The Bears' rookie QB Jared Stegman was instrumental in that tight win.

The Stingrays and Bears had met only once previously in Season 2009. It occurred in Week 1 of the competition, when most players were either still knocking the rust off from a long and festive off-season, or still carrying fatigue from State and National representative duties. The Stingrays won that game 14 - 0, but with so much water under the bridge since then, neither team could be sure how much improvement had taken place throughout the season.

In the weeks preceding Sunbowl XXV, the Stingrays had heard rumours that Bears QB Jared Stegman (named GQ MVP) & his favourite WR would not be available for the Sunbowl due to international travel plans made before the release of the GQ schedule. However the Stingrays were not complacent and prepared for a full-strength opponent. During pre-game warmups, the Rays looked relaxed, but focused.

On their second possession, Tight End Lawrence Tully found a seam between the Bears' safeties. Kyle Low delivered the ball in space and Tully took the ball deep into the 'Red Zone'. Starting Tailback Jeff Moate then opened the scoring with a 3 yard TD run, helped by the lead blocking of Fullback Jarrod Hayes and the right side of the Rays veteran O-Line featuring former NCAA linemen Noah Parker and Daniel Collins. The PAT was kicked by Kyle Low (GQ Special Teams MVP) to make it 7-0. The Rays had cracked the seal and could smell history in the making.

Things began to look bad for the Bears when Kyle Low then found Damien Molloy (GQ Wide Receiver of the Year) down the left sideline. Molloy evaded defenders and looked to have scored, only to be ruled out-of-bounds at the 1 yard line. Low was happy to take the honours for him by barreling through behind centre Nigel Law on a QB sneak for the Rays' second TD on the very next play. The PAT unit kept the pressure up to the Bears by taking the score in the title game to **14 - 0**.



Now that they were warming up, the Rays moved closer to their ultimate goal when Jarrod Hayes showed great strength and determination by breaking tackles on a Fullback dive by rolling, tumbling and eventually breaking free for a 20 yard TD run. His O-Line was with him all the way, some making blocks at the line and scrimmage and then again downfield. Once again the PAT unit were successful. The writing was on the wall for the Bears as the score moved to 21 - 0 .

But as expected, the Bears began to sort out their offensive game plan and moved the ball into the Rays' Red Zone. A pass to an open Bears receiver in the end zone looked dangerous, but Cornerback Robbie Edmonds (GQ Defensive Back of the Year) arrived as the ball did and knocked both the ball and the Bears receiver to the ground. As the Rays celebrated the play, the officials suspiciously assembled, eventually awarding a TD catch to the Bears, despite the ball spilling to the ground from Edmond's hit. The officials ruled that the receiver had established possession in the end zone. 21-6 .

This exasperating call by the officials clearly disappointed the Stingrays players and coaches and could easily have affected their focus for the rest of the game. But Coach Diprose and the team had prepared themselves for such an event. The Rays put aside their frustration and decided to focus on something that they *could* change - the rest of the game.

The Rays offense was determined to win back the momentum. On their next possession, finding themselves in a 3 rd and long situation, the Rays went to the air. Low found an open WR Ash Dick just beyond the first down marker on a deep out route. After securing the catch, Dick juked two defenders, giving him an open path to the endzone. The PAT was good, 28 - 6 .

On the following Bears possession, penalties allowed the Bears to march into the Rays' Red Zone. The Bears had a 1 st -and-goal situation, but the Rays' goalline defense aggressively kept the Bears from scoring for 3 downs. On the following down (4 th -and-goal from the 2 yard line), the Bears ran an option play off-tackle to the left. Free Safety Ben Walker closed in and stopped the QB, but as other defenders swarmed in to wrap him up, he managed to slip the ball out to the running back who then ran unopposed into the endzone to keep the Bears in the hunt for Sunbowl XXV. The Bears' 2 point PAT was also successful. 28- 14. While the Bears were behind, the game was far from over and the Rays had no doubt that it could be easily lost if they dropped their tempo.

Despite good offensive production throughout the game, the Rays offense turned the ball over 4 times. Jae Powlowski lost one fumble and Kyle Low uncharacteristically threw 3 interceptions. But the Rays dominant defense helped to ease the turnover pain by snaring two interceptions themselves. Cornerback Tim Beere continued his fairytale rookie year by picking off a pass. And when veteran Defensive Lineman Rob McKinnon intercepted a Bears' screen pass in the 4 th quarter, the cries of "BIG MAN WITH FOOTBALL!" rang out as McKinnon put together a reasonable return to the interception and finally broke the spirit of the hard-fighting Bears team.

By now the Rays knew they were in the box seat. Damien Molloy finished off his fantastic season by collecting a 25 yard TD pass from Low, who read the Bears' blitz, quickly set his feet and delivered the early long ball to Molloy.

Final Score: Gold Coast Stingrays 35 - Kenmore Bears 14

With his healthy yardage total, sturdy pass blocking and opening TD, Jeff Moate was awarded Sunbowl XXV MVP. The Stingrays celebrated while receiving the traditional chintzy medals and the Sunbowl trophy. Not only did they celebrate a great undefeated season (12-0), but the Club had made GQ history by winning **four** consecutive Sunbowls. The Stingrays can now set their sights on chasing the record of the Sydney University Lions, who have secured their 7 th consecutive Gridiron NSW Championship this year.

The Club would like to thank GQ and the Wildcats Gridiron Football Club for hosting Sunbowl XXV and thank the Kenmore Bears' players and coaches for a hard-fought game played with great sportsmanship. Thanks also go out to all GQ teams and League volunteers who made the 2009 GQ season successful and enjoyable.

Special thanks also to the Gold Coast Stingrays players, coaches, volunteers, supporters and families in 2006, 2007, 2008 & 2009.

Stingray Pride!

Coach Williams



Sunbowl Accolades

Previous Senior Champions

Sunbowl	Year	Winner	Opponent	Score
XXV	2009	Gold Coast Stingrays	Kenmore Bears	35-14
XXIV	2008	Gold Coast Stingrays	Northside Rhinos	21-0
XXIII	2007	Gold Coast Stingrays	Browns Plains Bears	30-7
XXII	2006	Gold Coast Stingrays	Northside Rhinos	27-13
XXI	2005	Northside Rhinos	Daisy Hill Wildcats	13-7
XX	2004	Ipswich Cougars	Gold Coast Stingrays	21-7
XIX	2003	Ipswich Cougars	Gold Coast Stingrays	14-0
XVIII	2002	Ipswich Cougars	Gold Coast Stingrays	14-0
XVII	2001	Gold Coast Stingrays	Ipswich Cougars	12-7
XVI	2000	Ipswich Cougars	Gold Coast Stingrays	10-7
XV	1999	Gold Coast Stingrays	Ipswich Cougars	20-18
XIV	1998	Ipswich Cougars	Rebels	N/A
XIII	1997	Ipswich Cougars	Toowoomba Charges	N/A
XII	1996	Toowoomba Chargers	Pine River Pirates	47-20
XI	1995	Gold Coast Stingrays	Toowoomba Chargers	6-0
X	1994	Gold Coast Stingrays	Westside Centurions	12-0
IX	1993	Brisbane Bulldogs	Gold Coast Stingrays	12-6
VIII	1992	Brisbane Bulldogs	Logan City Tigers	17-6
VII	1991	Logan City Tigers	Wang Warriors	N/A
VI	1990	Wang Warriors	Westside Centurions	40-34
V	1989	Brisbane Bulldogs	Westside Centurions	7-6
IV	1988	Westside Centurions	Brisbane Bulldogs	16-13
III	1987	Brisbane Bulldogs	Pine Grove Steelers	22-6
II	1986	Brisbane Bulldogs	Pine Grove Steelers	41-26
I	1985	Brisbane Bulldogs	Michelton Warriors	7-2

Previous Junior Champions

Year	Winner	Opponent	Score
2009	Eastside Ravens	Browns Plains Bears	20-14
2008	Gold Coast Stingrays Eagle	Northside Rhinos	8-6
2007	Gold Coast Stingrays White	Bayside Ravens	6-0
2006	Gold Coast Stingrays	Daisy Hill Wildcats	16-0
2005	Gold Coast Stingrays	Bayside Ravens	22-6
2004	Bayside Ravens	Northside Rhinos	26-6
2003	Ravens White	Toowoomba charges	34-28
2002	Buccaneers	Bayside Ravens	30-20
2001	Gold Coast Stingrays	Ipswich Cougars	35-26
2000	Gold Coast Stingrays	Westside Falcons Red	34-26
1999	Westside Falcons	Ipswich Rams	8-6
1998	Westside Falcons	Pine River Pirates	N/A